

Cultural Self-assessment Questionnaire

For each of the pairs of statements below, **choose either A or B** as most representative of your attitudes.

- 1A** Although people may speak different languages and dress in different ways, beneath the surface everyone is the same.
- 1B** Beneath the surface, the values and assumptions held by diverse cultures may be very different from each other.
- 2A** Other people probably have the same basic beliefs and attitudes as I do.
- 2B** People in different cultures may well not have the same basic beliefs and attitudes as I do.
- 3A** I would find it relatively hard to identify a range of external influences (for example, profession, nationality and so on) on the way in which I think and behave.
- 3B** I would find it relatively easy to identify a range of external influences (for example, profession, nationality and so on) on the way in which I think and behave.
- 4A** It is not usually necessary to know too much about someone's background in order to come to an understanding of who they are.
- 4B** The only way to really know someone is to understand something about the cultures and social groups to which they belong.
- 5A** I think that first impressions are usually quite a good way of coming to a judgement about someone.
- 5B** I think that first impressions are rarely quite a good way of coming to a judgement about someone.
- 6A** I think that there is usually one best way of arriving at a decision.
- 6B** I think that different perspectives can contribute greatly to good decision-making.
- 7A** I think that diversity makes it harder for people to work together.
- 7B** I think that diversity makes a positive contribution to working together.
- 8A** I would find it quite hard to describe my basic values and beliefs, and the things that are most important to me as a person.
- 8B** I would find it quite easy to describe my basic values and beliefs, and the things that are most important to me as a person.
- 9A** I can rarely recognize when culture is having an impact on the effectiveness of my communication with people from different backgrounds.
- 9B** I can usually recognize when culture is having an impact on the effectiveness of my communication with people from different backgrounds.
- 10A** I find it easy to recognize when I am suffering from stress and anxiety.
- 10B** I find it difficult to recognize when I am suffering from stress and anxiety.

Count the number of A and B answers and write down the totals below:

- Total As:** More As than Bs means being more culturally effective.
- Total Bs:** More Bs than As means there is a need to develop more understanding of cultural implications.